

Welcome to Jewish Family and Child Service

A multi-service agency that strengthens and supports individuals, children, families and communities by increasing safety and security, improving mental health and wellness and reducing the effects of poverty, within the context of Jewish values.

Since 1868, Jewish Family and Child Service has served the emotional, social and physical needs of those who need us most. We respond and reach out to our growing and diverse community with integrated programs and services for children, adults and families. For help in addressing life's challenges, look to JF&CS, every step of the way.

JF&CS welcomes people of all cultural, religious and/or racial backgrounds. While we remain firmly rooted in the traditions and experiences of the Jewish people, many of our services are open to the general community.

Inquiries and counselling are held in confidence.

Jewish Family and Child Service

Central Office and Intake

4600 Bathurst Street | 1st Floor
Toronto, Ontario M2R 3V3
T: 416-638-7800 F: 416-638-7943

Gordon S. Wolfe Branch

365 Bloor Street East, Suite #1904
Toronto, Ontario M4W 3L4
T: 416-961-9344 F: 416-961-9351

York Region Branch | 1 Open Door

9600 Bathurst Street | Suite 242
Vaughan, Ontario L6A 3Z8
T: 905-303-5838 F: 905-303-5892

Jerome D. Diamond Adolescent Centre

196 Keewatin Avenue
Toronto, Ontario M4P 1Z8
T: 416-482-3023 F: 416-482-3014

www.jfandcs.com

info@jfandcs.com • facebook.com/jfandcs

JF&CS strives for inclusivity in all its programs, serving community members of any income, family structure, ability, sexual orientation, gender identity, religious affiliation, level of observance, race, ethnicity, cultural identity and place of origin.



UJA FEDERATION
of Greater Toronto



Ontario



United Way
Greater Toronto



ועידת התביעות
Claims Conference
The Conference on Jewish Material
Claims Against Germany
www.claimscon.org



JF&CS
JEWISH FAMILY AND CHILD
SERVICE OF GREATER TORONTO

**WOMAN
ABUSE**
jfandcs.com/womanabuse

Woman abuse extends across all socio-economic, professional, ethnic and religious groups including the Jewish community; you are not alone.

The Woman Abuse Program at Jewish Family and Child Service focuses on the immediate and longer term needs of an abused woman and her children.

JF&CS believes everyone has the right to be safe and secure in their home. Women and children should live free from the fear of abuse and violence. The goal of the Woman Abuse Program is to ensure safety and promote healing.

Abuse is wrong; we can help. If you or someone you know is abused, call Jewish Family and Child Service at 416-638-7800.

JF&CS provides woman abuse services to all women regardless of religious background.

IN CASE OF EMERGENCY, CALL 911. AFTER JF&CS HOURS, CALL THE ASSAULTED WOMEN'S HELPLINE 416-863-0511.

WHAT DOES OUR PROGRAM PROVIDE?

Specialized services are delivered to women and children impacted by woman abuse. Fees are based on a sliding scale; service is never denied based on an inability to pay. Services may include:

- Immediate safety assessment and planning
- Individual and group counselling
- Here to Help Program for children and their mothers
- Emergency financial assistance
- Transitional Housing and Support Program
- Advocacy, referrals, and community outreach

WOMAN ABUSE IN THE JEWISH COMMUNITY

Occurrences of woman abuse within the Jewish community mirror those within the broader community. Judaism promotes *Shalom Bayit*, (peace in the home) and many Jewish women believe ensuring *Shalom Bayit* is their sole responsibility. JF&CS believes that *Shalom Bayit* is the joint responsibility of both partners in an intimate relationship. It is also a community responsibility. We are actively engaging our religious and community leadership to break the silence of abuse.

CHILDREN ARE IMPACTED BY WOMAN ABUSE

Children who are exposed to domestic abuse can have the same symptoms as children who have been abused themselves. Some become highly anxious and/or depressed. Often their emotional, academic, social and behavioural development is affected.

SOMETIMES RELATIONSHIPS HURT.

Abusive intimate relationships are characterized by one partner exerting coercive power and control over another. It can include physical, financial, psychological, verbal, sexual, spiritual, religious and/or technological abuse. The tactics of this abuse could include isolation, humiliation, degradation, excessive criticism and destruction of property. There is a cycle of abuse and if the cycle is not broken, the abuse will get worse.

- Are you afraid of your partner?
- Do you feel isolated and lonely?
- Does your partner criticize you regularly?
- Has sex/affection either been withheld or forced upon you?
- Have you been kicked, pushed, shoved or had items thrown at you?
- Are your emails, web searches, phone records, and/or location being tracked or questioned?

HAVE A SAFETY PLAN

- Write down important phone numbers and emails and keep them in a safe place.
- If you are able, gather important documents like birth and marriage certificates; passports or immigration records; social insurance numbers; medical records, OHIP health card or health card number, banking information including keys to safety deposit boxes; keys to house and car. Take this information to a safe family member or friend (if you are able) in case you have to leave in an emergency.
- Plan how you might leave, if you have to.
- Arrange for a neighbour to call for help if she/he is concerned for your safety.
- Learn the phone number and location of your nearest Women's Shelter.

JF&CS is a Health Information Custodian (HIC) under the Personal Health Information Protection Act, 2004 (PHIPA) for many of its programs. JF&CS is committed to protecting individual privacy, and to maintaining the confidentiality of all personal health information (PHI).